

A.C.E.

Asthma Control Education

FREE
CLASS

Pre-registration is required. Children 5 years and older with their caregivers are welcome.



WHEN:

Saturday, March 21

St. Louis Children's Hospital
9-11 a.m.

Saturday, October 10

St. Louis Children's Hospital
9-11 a.m.

*Minimum of five attendees
needed to hold class.*

*Additional classes can be
arranged if minimum of
five attendees guaranteed.*

Call 314.286.0947.

LEARN HOW TO:

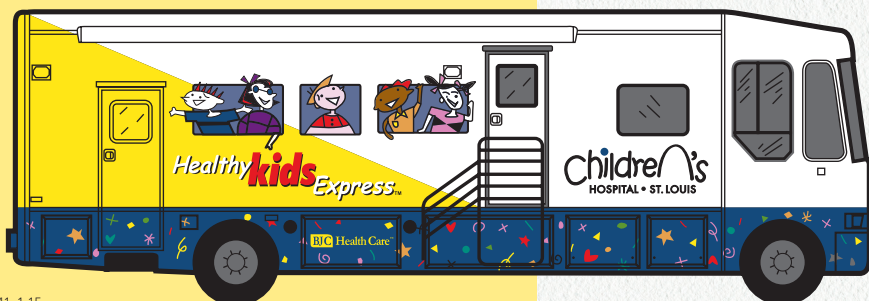
- Notice early signs of asthma
- Give asthma medicines
- Recognize asthma triggers
- Use an asthma action plan

Asthma control means less missed school days and fewer emergency room visits. It also gives your child a chance to run and play like other kids.

Pre-registration is required.

TO REGISTER:

CALL 314.454.KIDS(5437) OR 800.678.5437



Children's
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BJC HealthCare